

**Goodies Food Hall,**  
**Frenchs Farm, Wood Lane, Pulham Market, IP21 4XU**  
**Telephone: 01379 676880**  
**website: www.goodiesfoodhall.co.uk e-mail: foodhallgoodies@gmail.com**

# Goodies

FOOD HALL

**DON'T FORGET!**  
**Fresh Fish on Fridays**  
**Amazing Sunday Roasts**  
*We have a private function room for all occasions*  
**Chef's Specials**

## MORNING GOODIES (9-11.45am)

- Super power fruit bowl (V)**  
 Granola, Greek yoghurt, honey & berry compote .....6.00
- Stacked American-style pancakes** .....7.50  
 Choose from one of the following:  
 – maple aged cured bacon and extra maple syrup  
 – seasonal fruits and Jersey cream
- Eggs Royale**  
 Smoked salmon on toasted muffin & hollandaise sauce .....9.00
- Eggs Benedict**  
 Goodies ham on toasted muffin & hollandaise sauce .....8.50
- Wild mushroom sourdough bruschetta (V)**  
 Free-range fried egg and shaved parmesan .....8.00
- Smashed avocado sourdough bruschetta (V)**  
 Free-range poached eggs and young leaf spinach .....7.50
- Sweet chilli black pudding crumpet**  
 Home-made crumpets, Goodies black pudding, zesty orange,  
 hollandaise sauce and free-range poached eggs .....9.00

*Muffins and sourdough can be replaced with gluten-free bread.*

## GOODIES ALL DAY BRUNCH (9-3pm)

- Farmer's breakfast**  
 2 fried free-range local eggs, 2 butcher's sausages,  
 hash brown, mushrooms, aged cured bacon, baked beans,  
 grilled tomato with toast or fried bread .....9.50
- Small Farmer's**  
 As above but smaller .....8.00
- Extra black pudding** .....1.20
- Gluten-free breakfast (GF)**  
 2 fried free-range local eggs, 3 gluten-free chipolatas,  
 hash brown, mushrooms, aged cured bacon, baked beans,  
 grilled tomato with gluten-free toast .....9.50
- Full vegetarian breakfast (V)**  
 2 fried free-range eggs, 2 Goodies veggie sausages,  
 hash brown, mushrooms, baked beans, grilled tomato  
 with toast or fried bread .....8.50
- Vegan breakfast (VE)**  
 Mushrooms, baked beans, grilled tomato, sliced avocado,  
 hash brown and young leaf spinach .....8.00

## GOODIES GRILLING (12-3pm)

- Butcher's pork and apple burger**  
 Glazed with smoked applewood cheese and served  
 with triple cooked chips .....11.00
- Goodies "steak frites"**  
 Pan-fried 6oz minute sirloin steak with skinny fries  
 and shallot sauce with grilled flat mushroom and tomato .....13.50
- Grilled Portuguese chicken (GF)**  
 On bravas potatoes with chorizo, garlic sautéed French fine  
 beans, snap peas and chimichurri salsa .....13.50

## SUNSHINE SALADS (12-3pm)

- American-style cobb salad (GF)**  
 Grilled chicken, smoked bacon, avocado, blue cheese,  
 vine tomatoes and soft boiled egg .....11.00
- Fresh crab and jumbo prawn salad**  
 On sourdough bruschetta with avocado and shrimp cocktail .....13.50
- Pan-roasted cajun salmon Caesar salad (GF)**  
 With tiger prawns, cos hearts, avocado, parmesan,  
 vine tomatoes and soft boiled egg .....14.00
- Bang-bang chicken salad**  
 Thai crunchy refreshing salad with a lime satay dressing  
 and crushed chilli peanuts .....11.00
- Caramelised goats cheese salad**  
 On a sunshine walnut salad with a raspberry balsam  
 vinegar dressing .....11.00

## GOODIES CLASSICS (12-3pm)

- Chef's soup bowl (GF) (V)** with crusty baguette .....6.00
- Goodies finest ham (GF)**  
 2 fried free-range eggs and triple cooked chips .....11.00
- Chef's daily duck egg quiche (V)**  
 Our chef's daily made local duck egg quiche with pepper  
 cress and watercress salad, deli coleslaw and served with  
 chef's chips or baby new potatoes .....9.00
- Golden fish basket (scampi & haddock)**  
 Served with chips, mushy peas, tartar sauce and citrus  
 malt vinegar .....12.50
- 3 cheese & wild mushroom rigatoni pasta (V)**  
 With garlic bread and chef's garden salad .....11.00
- Malaysian red coconut vegetable curry (V) (GF) (VE)**  
 With steamed rice, poppadums and mango chutney .....10.50

## ON THE SIDE

- Skinny fries (GF) (V)** .....2.90
- Triple cooked chips (V) (GF)** .....3.20
- Cheesy skinny fries (V) (GF)** .....3.50
- Chef's garden salad (V) (GF)** .....3.50
- Steamed seasonal green vegetables**  
 With parsley butter .....4.00
- Buttered new potatoes** .....3.20
- Chargrilled garlic naan bread**  
 With parmesan cheese .....4.25 Without parmesan cheese.....3.50

## SOMETHING SWEET FOR AFTERS

- Heavenly sticky toffee pudding**  
 With toffee sauce & vanilla ice cream .....6.50
- Chef's crumble of the day**  
 With creamy custard .....6.50
- Home-made chocolate brownie**  
 Chocolate sauce and vanilla ice cream .....6.50
- Lemon posset cream (GF)**  
 With shortbread biscuit dippers & raspberry compote .....6.50
- Summer Fruit frozen parfait**  
 With shortbread & summer berries .....6.50
- Goodies knickerbocker glory**  
 Brownie bites, meringue, peaches, berry compote, smarties  
 ice cream and marshmallows .....7.00
- Selection of ice creams and sorbets** .....5.50

## LITTLE FARMER'S MENU (Age 12 & under)

- Grilled healthy chicken**  
 With new potatoes and steamed veggies .....7.00
- Cheeseburger** and skinny fries .....7.00
- Goodies ham, egg** and fries .....7.00
- Haddock goujons**, skinny fries and cucumber strips .....7.00
- Sausage, egg, beans** and fries or bacon .....7.00
- Kid's brownie & ice cream** .....4.00
- Kid's crumble & custard** .....4.00
- Kid's ice cream & sauce**  
 Chocolate or raspberry .....4.00

## OUR DRINKS SELECTION

### COFFEE

- |                            |                                    |
|----------------------------|------------------------------------|
| <b>Filter</b> .....2.40    | <b>Cappuccino</b> .....3.00        |
| <b>Refill</b> .....FREE    | <b>Flat white</b> .....2.50        |
| <b>Espresso</b> .....2.20  | <b>Mocha</b> .....3.40             |
| <b>Americano</b> .....2.80 | <b>Hot chocolate</b> .....3.00     |
| <i>Decaff available</i>    | <b>Luxury hot chocolate</b> ..3.60 |
| <b>Latte</b> .....2.80     | <b>Non-dairy</b> .....0.50         |

### TEA

- For one** .....2.50

### SPECIAL TEAS

- |                            |                            |
|----------------------------|----------------------------|
| <b>Earl Grey</b> .....3.50 | <b>Chamomile</b> .....3.50 |
| <b>Spearmint</b> .....3.50 | <b>Green</b> .....3.50     |
| <b>Red berry</b> .....3.50 | <b>Decaff</b> .....2.50    |

### BEER

- Various** .....3.50-4.95

### COLD DRINKS

- |                                      |                                       |
|--------------------------------------|---------------------------------------|
| <b>Fentimans</b>                     | <b>Coke &amp; Diet Coke</b> .....2.50 |
| <b>Elderflower</b> .....3.20         | <b>Still water</b> .....1.50          |
| <b>Victorian lemonade</b> .....3.20  | <b>Sparkling water</b> .....1.50      |
| <b>Sparkling raspberry</b> .....3.20 | <b>Fruit shoot</b> .....1.70          |
| <b>Rose lemonade</b> .....3.20       | <b>Orange juice</b> .....2.00         |
| <b>Ginger beer</b> .....3.20         | <b>Apple juice</b> .....2.50          |

## FROM OUR BAKERY

*Available until 11.30am and after 2.00pm*

**GOODIES SAUSAGE ROLLS,  
 CHEESE OR FRUIT SCONES,  
 SELECTION OF CAKES  
 AND TRAY BAKES**

*Please ask a member of staff for today's selections.*

**DON'T FORGET!**  
**Pre-order our Afternoon Tea for Two**  
*24 hours notice required*