

Goodies Food Hall,
 Frenchs Farm, Wood Lane, Pulham Market, IP21 4XU
 Telephone: 01379 676880
 website: www.goodiesfoodhall.co.uk e-mail: foodhallgoodies@gmail.com

Goodies

FOOD HALL

DON'T FORGET!
 Skate Fridays
 Amazing Sunday Roasts
 We have a private function room for all occasions
 Chef's Specials

MORNING GOODIES (9-12pm)

- Super power fruit bowl (V)**
 Granola, Greek yoghurt, honey & berry compote6.00
- Pink grapefruit brûlée (V) (GF)**
 Caramelised pink grapefruit with a Virgin Mary shot & crudités ...5.00
- Stacked American-style pancakes**7.50
 Choose from one of the following:
 - maple aged cured bacon and extra maple syrup
 - seasonal fruits and Jersey cream
 - chocolate peanut butter
- Eggs Royale**
 Smoked salmon on toasted muffin & hollandaise sauce9.00
- Eggs Benedict**
 Goodies ham on toasted muffin & hollandaise sauce8.50
- Wild mushroom sourdough bruschetta (V)**
 Free-range fried eggs and shaved parmesan8.00
- Smashed avocado sourdough bruschetta (V)**
 Free-range poached eggs and young leaf spinach7.50
- Sweet chilli black pudding crumpet**
 Home-made crumpets, Goodies black pudding, zesty orange,
 hollandaise sauce and free-range poached eggs9.00

Muffins and sourdough can be replaced with gluten-free bread.

GOODIES ALL DAY BRUNCH (9-3pm)

- Farmer's breakfast**
 2 fried free-range local eggs, 2 butcher's sausages,
 hash brown, mushrooms, aged cured bacon, baked beans,
 grilled tomato with toast or fried bread9.50
- Small Farmer's**
 As above but smaller8.00
- Extra black pudding**1.20
- Gluten-free breakfast (GF)**
 2 fried free-range local eggs, 3 gluten-free chipolatas,
 hash brown, mushrooms, aged cured bacon, baked beans,
 grilled tomato with gluten-free toast9.50
- Full vegetarian breakfast (V)**
 2 fried free-range eggs, 2 Goodies veggie sausages,
 hash brown, mushrooms, baked beans, grilled tomato
 with toast or fried bread8.50

GOODIES GRILLING (12-3pm)

- Butcher's pork and apple burger**
 Glazed with smoked applewood cheese and served
 with triple cooked chips11.00
- Chef's home-made double stack hamburger**
 Studded with Monterey Jack cheese, topped with
 age cured bacon, smoky BBQ sauce and skinny fries13.00
- Chargrilled butcher's finest rump steak (GF)**
 With triple cooked chips, purple sprouting broccoli
 and stroganoff sauce16.00
- Grilled Portuguese chicken (GF)**
 On bravas potatoes with chorizo, grilled local asparagus
 and chimichurri salsa13.50

SUNSHINE SALADS (12-3pm)

- American-style cobb salad (GF)**
 Grilled chicken, smoked bacon, avocado, blue cheese,
 vine tomatoes and soft boiled egg11.00
- Fresh crab and jumbo prawn salad**
 On sourdough bruschetta with avocado and shrimp cocktail12.00
- Pan-roasted cajun salmon Caesar salad (GF)**
 With tiger prawns, cos hearts, avocado, parmesan,
 vine tomatoes and soft boiled egg13.00
- Bang-bang chicken salad**
 Thai crunchy refreshing salad with a lime satay dressing
 and crushed chilli peanuts10.00
- Goodies Greek salad (GF) (V)**
 Crumbled feta, semi-dried cherry tomatoes, baby cucumbers,
 pimento stuffed olives, purple onions & sherry vinegar dressing9.00

GOODIES CLASSICS (12-3pm)

- Chef's soup bowl (GF) (V) with crusty baguette**6.00
- Goodies finest ham (GF)**
 2 fried free-range eggs and triple cooked chips10.50
- Chef's daily duck egg quiche (V)**
 With deli coleslaw served with new potatoes or home-cut chips ..8.50
- Cheat's lasagne with garlic bread and chef's garden salad** ..12.00
- Golden fish basket (scampi & haddock)**
 Served with mushy peas, tartar sauce and citrus malt vinegar ..12.50
- 3 cheese & wild mushroom rigatoni pasta (V)**
 With garlic bread and chef's garden salad10.00
- Crunchy fried panko haddock**
 Served with mushy peas, tartar sauce and citrus malt vinegar ..12.00
- Malaysian red coconut vegetable curry (V) (GF)**
 With steamed rice, poppadums and mango chutney9.50

ON THE SIDE

- Skinny fries (GF) (V)**2.90
- Triple cooked chips (V) (GF)**3.20
- Cheesy skinny fries (V) (GF)**3.50
- Chef's garden salad (V) (GF)**3.50
- Steamed seasonal green vegetables**
 With parsley butter4.00
- Buttered new potatoes**3.20

SOMETHING SWEET FOR AFTERS

- Heavenly sticky toffee pudding**
 With toffee sauce & vanilla ice cream6.00
- Chef's crumble of the day**
 With creamy custard6.00
- Home-made chocolate brownie**
 Chocolate sauce and vanilla ice cream6.00
- Lemon posset cream (GF)**
 With shortbread biscuit dippers & raspberry compote6.00
- Strawberry frozen parfait**
 With shortbread & summer berries6.00
- Goodies knickerbocker glory**
 Brownie bites, meringue, peaches, berry compote, smarties
 ice cream and marshmallows6.00
- Selection of ice creams and sorbets**5.50

LITTLE FARMER'S MENU (Age 12 & under)

- Grilled healthy chicken**
 With new potatoes and steamed veggies7.00
- Cheeseburger and skinny fries**7.00
- Goodies ham, egg and fries**7.00
- Haddock goujons, skinny fries and cucumber strips**7.00
- Sausage, egg, beans and fries**7.00
- Kid's brownie & ice cream**4.00
- Kid's crumble & custard**4.00
- Kid's ice cream & sauce**
 Chocolate or raspberry4.00

OUR DRINKS SELECTION

COFFEE

- | | |
|-------------------------|-----------------------------|
| Filter2.40 | Cappuccino3.00 |
| RefillFREE | Flat white2.50 |
| Espresso2.20 | Mocha3.40 |
| Americano2.80 | Hot chocolate3.00 |
| <i>Decaff available</i> | Luxury hot chocolate ..3.60 |
| Latte2.80 | Non-dairy0.50 |

TEA

- For one2.50

SPECIAL TEAS

- | | |
|---------------------|---------------------|
| Earl Grey3.50 | Chamomile3.50 |
| Spearmint3.50 | Green3.50 |
| Red berry3.50 | Decaff2.50 |

BEER

- Various3.50-3.95

COLD DRINKS

- | | |
|-----------------------------|---------------------------|
| Fentimans | Still water1.30 |
| Elderflower3.20 | Sparkling water1.50 |
| Victorian lemonade ...3.20 | Fruit shoot1.70 |
| Sparkling raspberry ...3.20 | Orange juice2.00 |
| Rose lemonade3.20 | Apple juice2.50 |
| Coke & Diet Coke2.50 | |

FROM OUR BAKERY

Available until 11.30 am and after 2.00 pm

**GOODIES SAUSAGE ROLLS,
 CHEESE OR FRUIT SCONES,
 SELECTION OF CAKES
 AND TRAY BAKES**

Please ask a member of staff for today's selections.

DON'T FORGET!
 Pre-order our Afternoon Tea for Two
 24 hours notice required